



# WINTER MENU

## Week four



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Morning Tea Crackers w/ Cheese Mini Pizza Assorted Sliced Fruit Assorted Pasties Cheese & Chive Scone Assorted Sliced Fruit Spinach & Fetta Scrolls

Lunch

Main Meals

Moroccan Lamb Tagine  
OR  
Pork Steaks w/ Creamy Mustard Sauce  
OR  
Moroccan Eggplant Tagine

Roasted Beef Brisket w/ Yorkshire Puddings  
OR  
Sweet Potato & Caramelized Onion Tart

International Day

Roast Chicken w/ Lemon Butter Sauce  
OR  
Sticky Maple Pork Balls  
OR  
Sticky Maple Falafel Balls

Battered Fish w/ Lemon Wedges  
OR  
Chicken Goujons  
OR  
Pumpkin & Goats Cheese Arancini

Beef Stroganoff  
OR  
Roast Vegetable Frittata

Pickled Pork w/ Parsley Sauce  
OR  
Baked Fish w/ Tuscan Sauce  
OR  
Tuscan Chickpea & Vegetable Casserole

Potato & Veg

Jacket Potatoes w/ Sour Cream Chives  
Sautéed Brussel Sprouts w/ Onion & Bacon

Homemade Roasted Potato Wedges  
Trio of Roast Vegetables

International Day

Creamy Cheese & Chive Mash  
Roasted Carrots  
Peas

Battered Chips  
Coleslaw  
Baby Beetroot

Potato & Sweet Potato Bake  
Whole Baby Beans

Rustic Mash Potato  
Buttered Cabbage w/ Bacon  
Honey Carrot Batons

Dessert

Apple Crumble w/ Roasted Almond Flakes & Custard

Citrus Mousse w/ Mandarin Segments & Whipped Cream

International Day

Burnt Butter Bananas w/ Butterscotch Sauce & Ice Cream

Raspberry Swirl Trifle

Berry Cobbler w/ Custard

Crème Caramel

Afternoon Tea Butter Cake w/ Icing Caramel Slice Iced Cupcakes Assorted Danish Gingerbread Cake Chocolate Brownies Marmalade cake

Dinner

Soup

Potato, Leek & Bacon

Carrot & Coriander

Winter Minestrone

Creamy Zucchini & Basil

Pea & Ham

Chunky Vegetable Broth

Sweet Potato

Main Meals

Sweet and Sour Fish w/ Rice  
OR  
Vegetarian Gyoza Dumplings w/ Sweet & Sour Sauce

Pork, Apple and Cider Casserole w/ Mash & Mixed Greens  
OR  
Chickpea & Vegetable Casserole

Chicken Kiev and Vegetable Medley  
OR  
Sweet Potato Croquettes

Savoury Mince w/ Soft Bread Rolls & Grilled Greens  
OR  
Savoury Vegetable Casserole

Spinach & Ricotta Tortellini in A Creamy Sauce w/ Soft Garlic Bread

Beef Lasagne w/ Side Salad  
OR  
Vegetable Lasagne

Lamb Sausages w/ Roast Vegetables & Pumpkin Mash  
OR  
Vegetarian Sausages

Dessert

Seasonal fresh fruit available every day

Supplementary Meal Options

Available at all meal times:  
Grilled Fish, Chicken Kiev, Vegetable Patty or Beef Meatballs