

NEWSLETTER

September 2023

Bedingfeld Park Inc

September is
Classical Music
Month



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Editor's Desk

Hello Residents, Families and Friends!

Welcome to Spring!

Great news the big bus has gone to the panel beaters to be fixed so hopefully we will have it back very soon.....

Starting next month on Tuesday 3rd October we will be having a Beautician visit and she will be working out of the hairdresser's room.

The beautician will be here the 1st Tuesday of each month.

Have you all been and had a look and the New Anzac Courtyard?

Can't wait till the weather is better and we can starting having a few activities outside.

The referendum is next month October. I will put posters up when we have the voting date.

If you have any ideas for an outing or if there is anything you would like to do please let the Lifestyle staff know.

Keep Safe!

Vanessa Caruso Lifestyle Coordinator & Lifestyle Team.



September Trivia

More people are born in September than any other month! Which means that September babies were conceived in the December holiday period... 😊

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Morning Glory**

Quote of the Day

Without music, life is a journey through a desert.

- Pat Conroy

Month in Review

Paula enjoying a Smore on National Day



Afra enjoying her Birthday!



Enjoying an afternoon at the Pinjarra Trots



Upcoming Events

Pinjarra Senior Highschool Visit

Monday 4th of September 11:30am, Main Lounge

Resident's Meeting

Thursday 21st of September 1:30pm, Main Lounge

National Chocolate Milk Shake Day

Tuesday 12 of September 1:45pm, Activities Room

Armchair Travel

Wednesday 27th of September 1:45pm, Main Lounge

High Tea

Thursday 7th of September, 2.00pm, Activities Room



Regular Events

Happy Hour every Friday 2pm

Catholic Service 4th Friday 10:30 am

Hairdresser every Friday 9am

Bingo! Monday, Thursday & Saturday

Church Service 3rd Wednesday of the month

Chaplin Kerrie Every Thursday 10am – 12noon

Special Days

- 7th Brazilian Independence
- 10th Assisted Living Week
- 12th Chocolate Milkshake Day
- 15th Rosh Hashanah
- 16th Mexican Independence
- 19th Talk Like a Pirate Day
- 21st International Peace Day
- 21st World Gratitude Day
- 22nd Native American Day
- 25th Comic Book Day
- 28th Confucius' Birthday
- 30th World Maritime Day

SATURDAY LOTTO RESULTS

01/7/23 No13 May Elvard

08/7/23 No31 Laurie Scott

12/7/23 No12 Jeff Moss

22/7/23 No37 Alma Unwin

29/7/23 No17 Paula Van Damme

05/8/23 No31 Stephen Johnston

12/8/23 No45 Vanessa Caruso

19/8/23 No21 Paula Van Damme

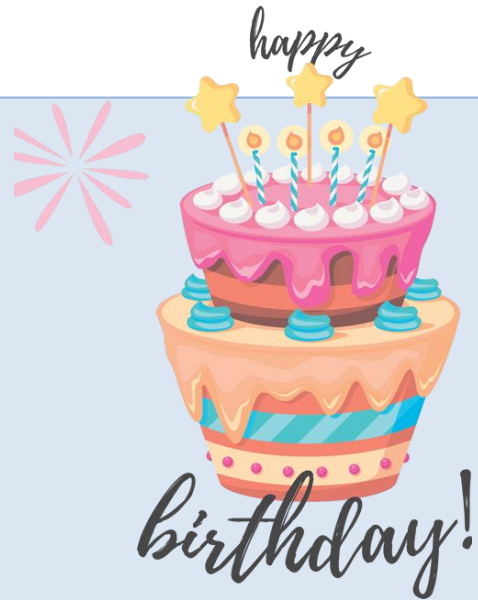
26/8/23 No21 Paula Van Damme

***Congratulations to the winners of the \$25 don't go
spending it all at once!***

September Birthdays

In September, we celebrate birthdays with:

- **Pat Sellin**
- **Janine Sellin**
- **Angus MacQuarrie**
- **Judith Gilbey**



Freddie Mercury, Musician, 5th September, 1946

Buddy Holly, Musician, 7th September 1936

Peter Sellers, Actor, 8th September 1925

Agatha Christie, Writer, 15th September 1890

Lauren Bacall, Actor, 16^h September 1924

Lance Armstrong, Cyclist, 18th September 1971

Stephen King, Author, 21st September 1947

Andrea Bocelli, Singer, 22nd September, 1958

Bruce Springsteen, Singer, 23rd September 1949

Michael Douglas, Actor, 25th September 1944

Virgo (Aug 22 - Sep 22)

Logical, practical, and systematic in their approach to life. Perfectionists at heart.

Libra (Sep 23 - Oct 22)

Often considered the nicest and most charming personality in the world!

September in History: Teenagers Unearth Stunning Prehistoric Art

In September 1940, a group of teenagers stumbled upon the awe-inspiring Lascaux Cave paintings in France. These ancient artworks, dating back around 17,000 years, showcase a mesmerizing array of animals and intricate details.

WOW!

Poem to Share



Music

When music sounds, gone is the earth I know,
And all her lovely things even lovelier grow;
Her flowers in vision flame, her forest trees
Lift burdened branches, stilled with ecstasies.

When music sounds, out of the water rise
Naiads whose beauty dims my waking eyes,
Rapt in strange dreams burns each enchanted face,
With solemn echoing stirs their dwelling-place.

When music sounds, all that I was I am
Ere to this haunt of brooding dust I came;
And from Time's woods break into distant song
The swift-winged hours, as I hasten along.

- *Walter de la Mare*



Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Mrs Isabella McNeill**
- **Mrs Judi Gilbey**
- **Mr William Grieve**
- **Mrs Evelyn Barker**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome to everyone who joined our team in the past month!

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

Janet Carter

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available at Reception. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to Vanessa our Lifestyle Coordinator or email to activities@bedingfeld.com

Thank you!

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms. If you would like this service, please talk to a staff member.

THANK YOU

We would like to issue a heart felt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every Friday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

Laughing Matters



**Here's a few music-inspired jokes to keep you laughing...
or groaning!**

How do you fix a broken tuba?
With a tuba glue!

What musical key do cows sing in?
Beef flat.

What's the difference between a piano and a fish?
You can't tuna fish!

Why did the pianist keep banging his head against the keys?
He was playing by ear!

What type of music are balloons afraid of?
Pop music!

What key do you get when you drop a piano down a mine shaft?
A flat miner.

What type of songs do planets sing?
Nep-tunes!

Why did the singer climb a ladder?
To reach higher notes!

What do you get when you cross a sweet potato and a jazz musician?
A yam session!

Why was the musician arrested?
Because she got in treble!

Word Search

CLASSICAL MUSIC



S F P R L I H V I O L I N M
C M Z I D K F V T N N X A C
D E C C A J U R I R J B Z E
C L A R I N E T O V M L E L
X O B R T C O H B L A L Z L
U D B E N Y H T Y Q B L Y O
F Y B O E C L O I M H J D H
A P C M N T P A E M M A X I
N W S E O M H S R V P D R J
F O R T E Z N O A G N A L P
A F N T Y E A D V R O G N G
R V D W Y E F R H E F I P I
E Q U A R T E T T K N O C I
O E P L F L U T E Q W Y F I

Violin

Flute

Adagio

Quartet

French Horn

Timpani

Clarinet

Fanfare

Beethoven

Concerto

Piano

Tempo

Ensemble

Vivaldi

Melody

Cello

Forte

Largo

Harp

Mozart